



MATERNAL & CHILD HEALTH APRIL IS MATERNAL & CHILD HEALTH MONTH



Saving lives



Figures

Every day about 800 women die from preventable causes related to pregnancy and childbirth. Almost all of these deaths occur in low-income settings as a result of conditions that include severe bleeding, infection, high blood pressure, complications during delivery & malnourishment.

Each year, 2.9 million newborns needlessly die within their first month and an additional 2.6 million are stillborn. The main causes, which are preventable and treatable, are complications due to prematurity, complications during delivery, and infection

An estimated 5.9 million children under the age of five die each year because of malnutrition, inadequate health care, and poor sanitation — all of which can be prevented.

Most maternal and newborn deaths can be prevented by adapting existing preventive and curative tools, technologies, and treatments using proven, cost-effective interventions: antibiotics, cord care (including sterile blades for cutting umbilical cords), drugs that prevent and treat postpartum haemorrhage, resuscitation, immediate and exclusive breastfeeding .

Further improvements are also possible through the development of new tools and technologies that enable earlier, faster, and more accurate assessment of gestational age and diagnosis and treatment of dangerous conditions, including measures to prevent preterm death. These are more effective and affordable and readily accepted by families and health workers in rural and community clinics, health centres, and hospitals.

Rotary Mission

- Rotary clubs work with governments, bilateral agencies, nongovernmental organizations, and the private sector, to provide education, immunizations, birth kits, and mobile health clinics.
- Women are taught how to prevent mother-to-infant HIV transmission, how to breast-feed, and how to protect themselves and their children from disease.
- Rotary also help community-level healthcare providers advance their knowledge and skills and expand their use of innovative tools.
- The Rotary Foundation reaches mothers and children in need by giving communities the help and Mobile prenatal clinics
- Rotarians provide mobile cancer screening unit and awareness trainings for women to save them from breast and cervical cancer due to late diagnosis.
- Rotary members teach mothers how to breast-feed, promote immunizations and regular checkups, and distribute insecticide-treated bed nets.
- Rotary programs improve women's access to skilled health personnel: doctors, nurses, midwives, or community health care workers.

"Happy family"

Camps/ Road shows in rural & semi urban areas for awareness/training on -

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Member	Dr Sinam Singh Rajendra	Imphal	9436026868	rajensinam@yahoo.com

Parameters

1. Population control
2. Importance of Swatchta at home & neighbourhood
3. Maternal Welfare & child vaccination.
4. Awareness about vaccine-preventable diseases like Measles, Rubella, Cholera, Influenza, Diphtheria, Hepatitis A, Tuberculosis, Hepatitis B, Typhoid fever ,Poliomyelitis, Rabies, Human papilloma-virus, Japanese encephalitis, Malaria, Dengue fever
5. Provide education, immunizations, birth kits, and mobile health clinics.
6. Help community-level healthcare providers advance their knowledge and skills
7. Teach mothers how to prevent mother-to-infant HIV transmission, breast-feed, promote immunizations and regular checkups, and distribute insecticide-treated bed nets

Note :-This programme is in sync with the Govt programme at present and clubs should plan active partnerships, collaborations & assistance.